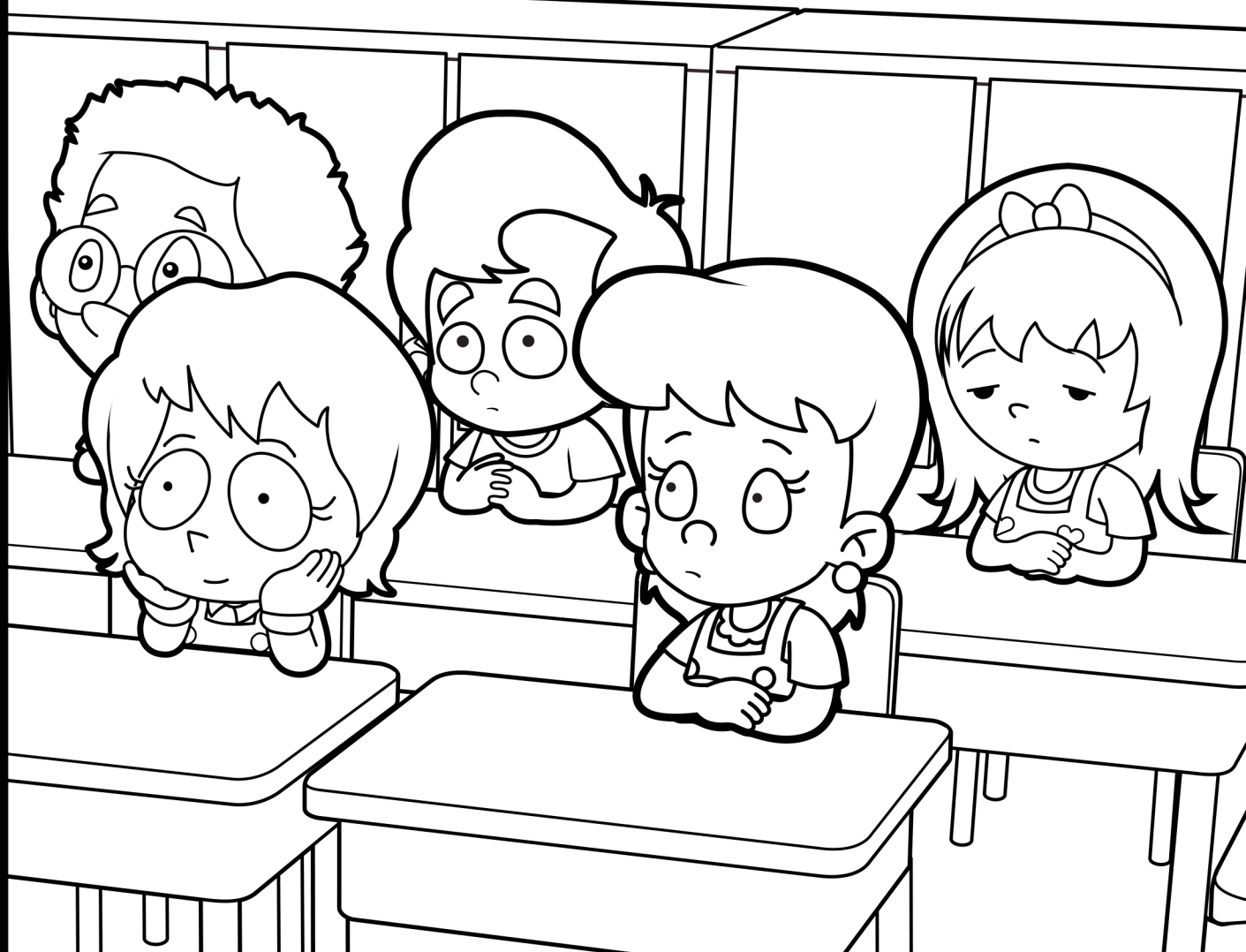


the ADVENTURES OF **Peacebe** AND the **Heartwatch**

SELF-CONTROL

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Self-control means having control over your actions and behaviors and thinking of the consequences before you do something.

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